

## **Psalms for Communion**

*These selected verses from the psalms are appropriate for public reading or personal prayer during the Communion of the People.*

### BOOK ONE (Psalms 1-41)

Let the light of your face shine on us, O Lord!  
You have put gladness in my heart,  
more than when grain and wine abound.  
(Psalm 4:6-7)

I will give thanks to the Lord with my whole heart;  
I will tell of all your wonderful deeds.  
I will be glad and exult in you;  
I will sing praise to your name, O Most High.  
(Psalm 9:1-2)

The needy shall not always be forgotten,  
nor the hope of the poor perish forever.  
(Psalm 9:18)

I trust in your steadfast love;  
my heart rejoices in your salvation.  
I will sing to you, O Lord,  
because you have dealt bountifully with me.  
(Psalm 13:6)

The Lord is my chosen portion and my cup;  
therefore my heart is glad, and my soul rejoices;  
my body also rests secure.  
(Psalm 16:5, 9)

From you comes my praise in the great congregation;  
the poor will eat and be satisfied;  
all those who seek you will praise your name.  
(Psalm 22:25, 26)

You prepare a table for me in the presence of my enemies;  
you anoint my head with oil; my cup overflows.  
(Psalm 23:5)

O taste and see that the Lord is good;  
happy are those who take refuge in God.  
(Psalm 34:8)

How precious is your steadfast love, O God!  
All people may take refuge in the shadow of your wings.  
They feast on the abundance of your house,  
and you give them drink from the river of your delights.

For with you is the fountain of life;  
in your light we see light.  
(Psalm 36:7-9)

Though I am poor and needy, you remember me.  
You are my help and my deliverer;  
do not delay, O my God.  
(Psalm 40:17)

### BOOK TWO (Psalms 42-72)

As a deer longs for flowing streams,  
so my soul longs for you, O God.  
My soul thirsts for God, for the living God.  
When shall I come and behold the face of God?  
(Psalm 42:1-2)

O send out your light and your truth;  
let them lead me to your holy hill, your dwelling.  
Then I will go to the altar of God with exceeding joy.  
(Psalm 43:3)

Offer to God a sacrifice of thanksgiving,  
and pay your vows to the Most High.  
Call on me in the day of trouble;  
I will deliver you, and you shall glorify me.  
(Psalm 50:14-15)

I make an offering of thanksgiving to you, O God,  
for you have delivered my soul from death,  
and my feet from falling,  
so that I may walk before God in the light of life.  
(Psalm 56:12-13)

O God, you are my God, I seek you,  
my soul thirsts for you, my flesh faints for you;  
as in a dry and weary land where there is no water.  
(Psalm 63:1)

Because your steadfast love is better than life,  
my lips will praise you.  
I will bless you as long as I live;  
I will lift up my hands and call upon your name.  
(Psalm 63:3-4)

My soul is satisfied as with a rich feast,  
and my mouth praises you with joyful lips.  
(Psalm 63:5)

Happy are those whom you choose and bring near

to live in your courts.  
We shall be satisfied with the goodness of your house,  
your holy temple.  
(Psalm 65:4)

The earth has yielded its increase;  
God, our God, has blessed us.  
May God continue to bless us;  
let all the ends of the earth worship the Lord.  
(Psalm 67:7)

Let the oppressed see and be glad;  
you who seek God, lift up your hearts,  
for the Lord hears the needy.  
(Psalm 70:32-33)

### BOOK THREE (Psalms 73-89)

Whom have I in heaven but you, O God?  
And what on earth could I desire other than you?  
My flesh and my heart may fail,  
but you are my strength and portion forever.  
(Psalm 73:25-26)

You rained down manna for your people to eat,  
and gave them the bread of heaven.  
Mortals ate the bread of angels;  
you sent them food in abundance.  
(Psalm 78:24-25)

Restore us, O God;  
let your face shine, that we may be saved.  
(Psalm 80:3)

Turn again, O God of hosts;  
look down from heaven, and see;  
have regard for this vine,  
the stock that your right hand planted.  
(Psalm 80:14-15)

I am the Lord your God,  
who brought you up out of the land of Egypt.  
Open your mouth wide and I will fill it.  
If you would only listen to my voice  
I would feed you with the finest wheat,  
and with honey from the rock I would satisfy you.  
(Psalm 81:10, 13, 16)

How lovely is your dwelling place, O Lord of hosts!  
My soul longs and faints for the courts of the Lord.

My heart and my flesh sing for joy to the living God.  
(Psalm 84:1-2)

Show us your steadfast love, O Lord,  
and grant us your salvation.  
(Psalm 85:7)

The Lord will give what is good,  
and our land will yield its increase.  
(Psalm 85:12)

Incline your ear to me, O Lord, and answer me,  
for I am poor and needy.  
Preserve my life, for I am devoted to you.  
(Psalm 86:1-2)

Gladden the soul of your servant;  
to you, O Lord, I lift up my soul.  
For you, O Lord, are good and forgiving,  
abounding in steadfast love to all who call on you.  
(Psalm 86:4-5)

#### BOOK FOUR (Psalms 90-106)

O Lord, satisfy us with your steadfast love,  
so that we may rejoice and be glad all our days.  
(Psalm 90:14)

Those who love me, I will deliver;  
I will protect those who know my name.  
When they call to me, I will answer them;  
I will be with them in trouble,  
I will rescue them and honor them.  
With long life I will satisfy them,  
and show them my salvation.  
(Psalm 91:14)

O come, let us sing to the Lord;  
let us make a joyful noise to the rock of our salvation!  
Let us come into God's presence with thanksgiving,  
making a joyful noise with songs of praise!  
(Psalm 95:1-2)

O come, let us worship and bow down,  
let us kneel before the Lord, our Maker!  
For the Lord is our God,  
and we are the people of God's pasture,  
the sheep of God's hand.  
(Psalm 95:6-7)

O sing to the Lord a new song;  
sing to the Lord, all the earth.  
(Psalm 96:1)

Bless the Lord, O my soul,  
and all that is within me, bless God's holy name.  
Bless the Lord, O my soul,  
and do not forget God's benefits.  
(Psalm 103:1-2)

You bring forth food from the earth,  
wine to gladden the human heart,  
oil to make the face shine,  
and bread to strengthen us.  
(Psalm 104:14-15)

All creatures look to you to give them their food in due season;  
when you give to them, they gather it up;  
when you open your hand, they are filled with good things.  
(Psalm 104:27-28)

When your people asked,  
you gave them food from heaven in abundance.  
You opened the rock, and water gushed out;  
it flowed through the desert like a river.  
(Psalm 105:40-41)

#### BOOK FIVE (Psalms 107-150)

Give thanks for God's steadfast love,  
for the Lord satisfies the thirsty  
and fills the hungry with good things.  
(Psalm 107:8-9)

God raises the poor from the dust  
and lifts the needy from the ash heap.  
(Psalm 113:7)

What shall I return to the Lord  
for all God's goodness to me?  
I will lift up the cup of salvation  
and call on the name of the Lord.  
(Psalm 116:12-13)

Open to me the gates of righteousness,  
that I may enter through them  
and give thanks to the Lord.  
(Psalm 118:19)

I was glad when they said to me,

“Let us go to the house of the Lord!”  
For the sake of the house of the Lord our God,  
I will seek your good.  
(Psalm 122:1, 9)

How very good and pleasant it is  
when kindred live together in unity!  
(Psalm 133:1)

O give thanks to the Lord, who is good,  
whose steadfast love endures forever.  
(Psalm 136:1)

It is the Lord who remember us in our low estate,  
whose steadfast love endures forever,  
who gives food to all flesh,  
whose steadfast love endures forever.  
(Psalm 136:23, 25)

The eyes of all look to you, O Lord,  
and you give them their food in due season.  
You open your hand,  
satisfying the desire of every living thing.  
(Psalm 145:15-16)

Praise the Lord, O Jerusalem!  
For God grants peace within your borders  
and fills you with the finest of wheat.  
(Psalm 147:12, 14)

Let everything that breathes praise the Lord!  
Praise the Lord!  
(Psalm 150:6)