

Eucharistic Prayers for Lent, Year C

These brief eucharistic prayers are drawn from the themes and imagery of the lectionary texts for the first five Sundays in Lent, Year C. Note that there are five options in each of the three sections that make up the body of the prayer; these are to be used as indicated on the appropriate Sunday in Lent. In this format, the Words of Institution should be used at the Invitation to the Table or the Breaking of the Bread.

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is truly right and our greatest joy to give you thanks and praise,

O Lord our God, creator and ruler of the universe.

(Lent 1) When our ancestors were slaves in Egypt, strangers in the land, you saw our suffering, heard our cries, and came to deliver us—bringing us out of captivity into a land flowing with milk and honey. (Deut. 26:1-11)

(Lent 2) Abraham believed in you, and it was reckoned to him as righteousness. You made a covenant with him, providing a great land for his offspring, promising that his descendants would outnumber the stars. (Gen. 15:1-12, 17-18)

(Lent 3) You made an everlasting covenant with us, though we forsook your way. Still, you call the thirsty to come to the waters; you invite the poor and hungry to come and eat. (Isa. 55:1-9)

(Lent 4) For forty years, you fed us with the bread of heaven in the wilderness. Now we stand on the edge of the promised land, giving thanks that you have rolled away the heavy stone of our shame. (Josh. 5:9-12)

(Lent 5) You made a way through the sea, a path through the waters. Even now you are doing a new thing—making rivers flow in the desert, forming a people for yourself, that we might declare your praise. (Isa. 43:16-21)

Therefore we praise you, joining our voices with choirs of angels
with prophets, apostles, and martyrs,
and with all the faithful of every time and place
who forever sing to the glory of your name:

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory. Hosanna in the highest.
Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

You are holy, O God of majesty,
and blessed is Jesus Christ, your Son, our Lord.

(Lent 1) Tested for forty days in the wilderness, Jesus taught us to seek nourishment in your word, to worship and serve you alone, and to commit our lives to your providence and protection. (Luke 4:1-13)

(Lent 2) Jesus healed the sick, fed the hungry, and cast out demons, seeking to gather your children as a hen shelters her brood beneath her wings. He wept over Jerusalem when we rejected his saving love. (Luke 13:31-35)

(Lent 3) He calls us to repent, so that we might not perish.

Like a gardener Jesus tends to us with loving care,
waiting patiently for our lives to bear the fruit of his grace. (Luke 13:1-9)

(Lent 4) Jesus came to seek the lost and restore the dead to life.
Though we have lived wastefully, squandering our inheritance,
by his grace we are your beloved children. (Luke 15:1-3, 11b-32)

(Lent 5) You anointed Jesus Christ with the gift of your Holy Spirit—
a healing balm, and a fragrant offering of love for the world.
He is our Passover, our only hope for salvation. (John 12:1-8)

Remembering your gracious acts in Jesus Christ,
we take from your creation this bread and this wine
and joyfully celebrate his dying and rising, as we await the day of his coming.
With thanksgiving, we offer our very selves to you
to be a living and holy sacrifice, dedicated to your service.

Great is the mystery of faith:

Christ has died, Christ is risen, Christ will come again.

Gracious God, pour out your Holy Spirit upon us
and upon these your gifts of bread and wine,
that the bread we break and the cup we bless
may be the communion of the body and blood of Christ.

By your Spirit, unite us with Christ and with your church in all the world.

(Lent 1) Put your word of faith on our lips and in our hearts
so that we may confess that Jesus Christ the Lord is risen from the dead.
Save us when we call upon your name! (Romans 10:8b-13)

(Lent 2) Help us to stand firm in the faith, as citizens of heaven,
awaiting the coming of our Savior, the Lord Jesus Christ.
By the power of Christ, transform our humiliation into glory. (Phil. 3:17—4:1)

(Lent 3) Provide us with spiritual food and drink in the wilderness
as you have done for our brothers and sisters who passed through the sea.
Do not test us beyond our strength, but strengthen us for service. (1 Cor. 10:1-13)

(Lent 4) Make us a new creation in Christ; reconcile us to yourself,
so that we may bear your message of reconciliation to all the world.
Let us be ambassadors for Christ, ministers of your grace and peace. (2 Cor. 5:16-21)

(Lent 5) Teach us to know the surpassing grace of Jesus Christ our Lord:
sharing in his suffering and rejoicing in the power of his resurrection,
pressing on toward the goal to which you have called us. (Phil. 3:4b-14)

Through Christ, with Christ, in Christ, in the unity of the Holy Spirit,
all glory and honor are yours, almighty God, now and forever. **Amen.**